**Original Article** 

# Effects of triptolide on RIZ1 expression, proliferation, and apoptosis in multiple myeloma U266 cells

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Aim: To investigate the effects of triptolide on proliferation and apoptosis as well as on the expression of RIZ1 in the human multiple myeloma cell line U266 *in vitro*.

**Methods:** The effect of triptolide on the growth of U266 cells was studied by MTT assay. Apoptosis was detected by Hoechst 33258 staining and Annexin V/PI double-labeled flow cytometry, and caspase-3 mRNA was measured by RT-PCR. Western blotting, flow cytometry and RT-PCR were used to assess the expression of RIZ1, and the location and expression of H3K9me1 were detected by confocal microscopy and Western blotting.

**Results:** Triptolide significantly inhibited the proliferation of U266 cells in a time- and concentration-dependent manner (the  $IC_{50}$  value for a 24-h exposure was  $157.19\pm0.38$  nmol/L). Triptolide induced typical apoptotic morphological changes. Triptolide 40, 80, and 160 nmol/L treatment induced significant caspase-3-dependent apoptosis compared with control group ( $10.5\%\pm1.23\%$ ,  $37.9\%\pm2.45\%$ , and  $40.5\%\pm2.30\%$  vs  $3.8\%\pm1.98\%$ , *P*<0.05). Compared with peripheral blood monocular cells (PBMC) from healthy donors, the protein expression of RIZ1 in U266 cells was relatively low, but the mRNA and protein expression of RIZ1 were strikingly increased by triptolide in a concentration-dependent manner. Triptolide increased the protein expression of RIZ1 and RIZ1 methylates histone H3 lysine 9 in U266 cells.

**Conclusion:** Triptolide increased the protein expression of RIZ1, inhibited the proliferation, and induced caspase-dependent apoptosis in U266 cells.

Keywords: triptolide; multiple myeloma; proliferation; apoptosis; RIZ1; RIZ1 methylates histone H3 lysine 9; caspase 3

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#### Introduction

Multiple myeloma (MM), a type of malignant plasma cell dyscrasia originating from B lymphocytes, produces abundant monoclonal immunoglobulins. These neoplastic plasma cells are believed to arise from a post-germinal center B cell that migrates to the bone marrow, adheres to the marrow stroma and triggers subsequent bone resorption and a paracrine cytokine loop<sup>[1]</sup>. The natural course of the disease may progress through monoclonal gammopathy of undetermined significance (MGUS), smoldering myeloma, intramedullary myeloma and finally, extramedullary myeloma. Multiple myeloma is still an incurable disease. Although conventional cytotoxic chemotherapy prolongs survival in symptomatic patients, the prognosis of these patients remains poor<sup>[2]</sup>. After

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treatment with conventional cytotoxic agents<sup>[3]</sup>, relapses still inevitably occur, indicating the need for continued investigation of novel agents to treat this disease.

Triptolide, a tri-epoxide phenanthrene and a major component of the Chinese herb *Tripterygium wilfordii* Hook F (TWHF), has multiple biological effects resulting from its immunosuppressive, anti-inflammatory<sup>[4, 5]</sup> and anti-tumor properties<sup>[6]</sup>. In diverse hematological tumors, triptolide shows anti-tumor activity, and many studies have been carried out to elucidate the potential anti-tumor mechanisms<sup>[7-9]</sup>. Previous studies suggested that triptolide induces apoptosis of multiple myeloma through the upstream signaling pathway of PI3k/Akt/NF- $\kappa$ B and is associated with the MAPK pathway via mitochondrial apoptotic signaling as well as caspase and Bcl-2 family members<sup>[10]</sup>. The mechanism responsible for its effects on multiple myeloma, however, is still unclear.

The *retinoblastoma protein-interacting zinc-finger* (*RIZ*) gene, located on 1p36, is a recently described tumor suppressor gene and a member of the protein methyltransferase superfam-

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ily<sup>[11]</sup>. The RIZ gene encodes two proteins, RIZ1 and RIZ2. While RIZ1 contains the PR domain, RIZ2 does not. RIZ gene expression is altered in a variety of human cancers and is now considered to be a candidate tumor suppressor<sup>[12]</sup>. RIZ1 methylates histone H3 lysine 9 (H3K9), a modification that is important for transcriptional repression<sup>[13]</sup>. RIZ1 expression and activity are reduced in many cancers such as hepatocellular carcinoma<sup>[14]</sup> and epithelial ovarian carcinoma<sup>[15]</sup>. In AML cell lines and patient samples, RIZ1 expression is reduced relative to normal bone marrow. In addition, the RIZ1 knockout mouse has a high incidence of diffuse large B-cell lymphoma<sup>[11]</sup>. In chronic myelogenous leukemia (CML), blastic transformation is associated with the loss of heterozygosity in the chromosomal region containing RIZ1<sup>[16]</sup>. All of the above data suggest that there is a close connection between RIZ1 and hematologic malignancies, but there have been no studies regarding this in MM. The aim of our research was to investigate the relationship between RIZ1 and multiple myeloma, as well as the effects of triptolide on RIZ1 expression, cell proliferation and apoptosis in multiple myeloma.

#### **Materials and methods**

#### Cell line and reagents

The MM cell line U266 was obtained from ATCC (Rockville, USA), and peripheral blood monocular cells (PBMC) were obtained by Ficoll-Hypaque density gradient centrifugation of blood collected from healthy donors. All cell types were cultured in RPMI-1640 (GibcoBRL, USA) containing 10% fetal bovine serum (Sijiqing Co Ltd, Hangzhou, China) and incubated in 5% CO<sub>2</sub> at 37°C. Triptolide with 98% purity was purchased from Sigma (St Louis, MO, USA), initially dissolved in dimethylsulfoxide (DMSO), stored at -20°C, and then thawed before use. 3-(4,5-Dimethyl-2-thiazolyl)-2,5-diphenyl-2Htetrazolium (MTT), DMSO and Hoechst 33258 were purchased from Sigma. RNA Trizol was purchased from Invitrogen (CA, USA). A reverse transcription (RT)-polymerase chain reaction (PCR) kit was purchased from TOYOBO (Japan). The monoclonal antibody against monomethyl histone H3 lysine 9 (H3K9me1) was purchased from Upstate Biotechnology (Charlottesville, VA, USA), and the monoclonal antibody against RIZ1 was purchased from Santa Cruz (California, USA). Tetrametrylrhodarnine isothiocyante (TRITC)-labeled secondary antibodies, fluorescein isothiocyanate (FITC)-labeled secondary antibodies, horseradish peroxidase (HRP)-labeled secondary antibodies and chemiluminescence (ECL) reagent kits were purchased from Pierce Biotechnology (Rockford, IL, USA).

#### Growth inhibition assay

The antiproliferative effect of triptolide on U266 cells was determined using the MTT dye uptake method. In brief, the cells (50 000 per well) were incubated in quintuplicate in 96-well plates. Triptolide was added, with a final concentration of 40, 50, 60, 80, 90, and 100 nmol/L, and the cells were treated for 24, 36, and 72 h. Thereafter, 20  $\mu$ L MTT (5 mg/mL in phosphate-buffered saline) was added to each well. After

4 h at 37 °C, the supernatant was removed, and 150 µL DMSO was added. When the blue crystal was dissolved, the optical density (*OD*) was detected at a 570-nm wavelength using a 96-well multiscanner autoreader (Bio-Rad M450, USA), with 630 nm used as the reference wavelength. The following formula was used: cell proliferation inhibited (%)=[1-(*OD* of the experimental samples/*OD* of the control)]×100. The IC<sub>50</sub> was the concentration that caused a 50% inhibition of cell proliferation.

#### Flow cytometry analysis for apoptosis quantification

Apoptosis was measured by Annexin V-FITC/PI double staining using the kit from Bender MedSystems Inc (Burlingame, CA) and fluorescence-activated cell sorter (FACS) analysis (FacsScan; BD Biosciences). Briefly, cells were treated with 0, 40, 80, and 160 nmol/L of triptolide, and the cells were harvested at 24 h. After incubation, 100  $\mu$ L of treated cells was transferred to a 5-mL culture tube, and a solution containing 5  $\mu$ L Annexin V-FITC plus 10  $\mu$ L PI was added. The tube was gently vortexed and incubated for 15 min at room temperature in the dark. Afterwards, 300  $\mu$ L binding buffer was added, and the cells were analyzed immediately by flow cytometry. The extent of early apoptosis was determined as the percentage of Annexin V<sup>+</sup>/PI<sup>-</sup> cells. Flow cytometric analysis was performed with a FACSCaliber using CellQuest software (BD, San Diego, CA, USA).

#### Hoechst 33258 staining

Nuclear fragmentation was visualized by Hoechst 33258 staining of apoptotic nuclei. Apoptotic cells were collected by centrifugation, washed with phosphate-buffered saline (PBS), and fixed in 4% paraformaldehyde for 20 min at room temperature. Subsequently, the cells were washed and resuspended in 20 µL PBS before being deposited on polylysine-coated coverslips. The cells were then left to adhere to the cover slips for 30 min at room temperature, after which the cover slips were washed twice with PBS. The adhered cells were incubated with 0.1% Triton X-100 for 5 min at room temperature and rinsed with PBS three times. Cells were then treated with Hoechst 33258 for 30 min at 37 °C , rinsed with PBS and mounted on slides with glycerol-PBS. The cells were viewed with an Olympus fluorescence microscope (Japan).

#### Western blotting

Approximately  $5 \times 10^6$  cells were plated and incubated for 24 h prior to the addition of triptolide. U266 cells were collected following a 48-h incubation with triptolide (0, 40, 80, and 160 nmol/L, respectively), and PBMC from healthy donors were collected and cultured for 48 h. The cells were washed once with PBS, centrifuged, resuspended in a lysis buffer consisting of 50 mmol/L Tris (pH 7.4), 150 mmol/L NaCl, 1% Triton X-100, 1% sodium deoxycholate, 0.1% sodium dodecylsulfate (SDS), 1 mmol/L phenylmethylsulphonyl fluoride, and protease inhibitors and incubated for 1 h at 4 °C. Next, the cellular debris was pelleted by centrifugation at 15000 round per min for 30 min, and the supernatant was collected. A BCA protein

assay kit from Pierce Biotechnology was used to determine the protein concentration. Samples were separated on 8%-12% SDS-polyacrylamide gels and then transferred to nitrocellulose membranes using standard electroblotting procedures. After being blocked with 5% skim milk in Tris-buffered saline with 0.1% Tween-20 (TBS-T), membranes were incubated with the primary antibodies anti-H3K9me1 (1:2000; Upstate Biotechnology, Charlottesville, VA, USA), anti-RIZ1 (1:200; Santa Cruz, California, USA) and anti-β-actin (1:1000; Santa Cruz, California, USA) at 4°C overnight. Immunoblots were washed and then incubated with HRP-conjugated secondary antibodies (1:3000; Pierce Biotechnology, Rockford, IL, USA) for 1 h at room temperature and subsequently processed for enhanced chemiluminescence (ECL) detection using SuperSignal Substrate. Signals were detected by a chemiluminescence detection system (Bio-Rad, USA).

#### Immunofluorescence with confocal microscopy

After incubation with 40  $\mu$ mol/L triptolide for 24 h, cells were collected and fixed in 4% paraformaldehyde for 10 min. The suspensions were permeabilized with 0.25% Triton X-100 for 10 min, blocked with 3% bovine serum albumin for 30 min and then incubated with primary antibody against H3K9me1 (diluted 1:100; Upstate Biotechnology) overnight at 4°C. Then, the samples were exposed to TRITC-labeled secondary antibody (diluted 1:100) for 1 h and stained with Hoechst 33258 (10  $\mu$ g/mL) to visualize the DNA. Images were captured using an FV-500 confocal microscope (Olympus, Japan).

## RIZ1 protein analysis using flow cytometry

Flow cytometry was performed to determine the expression of RIZ1 in U266 cells. A total of 1×10<sup>6</sup> cells were collected and washed after 48 h culture, anti-RIZ1 antibody (dilution 1:100; Santa Cruz) was added, and the mixture was kept at 4 °C overnight. Cells treated without primary antibody served as the negative control group. FITC-labeled secondary antibody (diluted 1:100) was applied for 30 min at room temperature. Stained cells were analyzed on a flow cytometer. The mean fluorescence intensity (MFI) of the cells was determined by the CellQuest software program. The final MFI was calculated by subtracting the MFI of the negative controls.

## Reverse transcription-polymerase chain reaction

Total cellular RNA was extracted using Trizol reagent. Reverse transcription (RT)-polymerase chain reaction (PCR) was performed with the appropriate primers, following the protocol of the TOYOBO kit. A 20-µL PCR reaction mixture was initially amplified. Primer pairs were all designed from human cDNA sequences available in GenBank and synthesized by Shanghai Bioengineering Company (Shanghai, China). The primer sequences and the predicted product size for *RIZ1* and  $\beta$ -actin expression analyses were as follows. For *RIZ1*, the forward primer was 5'-CACAGGGCAGCGTTG-GTC-3', and the reverse primer was 5'-GGCTAGGATCCT-GCGTGGTT-3' (product size: 236 bp). The PCR was carried out using an initial denaturation of 94 °C for 5 min, followed by 34 cycles of 94 °C for 30 s, 55.8 °C for 30 s, then 72 °C for 30 s, and a final extension of 72 °C for 7 min. For caspase-3, the forward primer was 5'-TCAGAGGGGATCGTTGTAG-3', and the reverse primer was 5'-AGCTTGTCGGCATACTGTT-3' (product size: 262 bp). The PCR was carried out with an initial denaturation of 94 °C for 5 min, followed by 34 cycles of 94 °C for 30 s, 53.6 °C for 30 s, then 72 °C for 30 s, and a final extension of 72 °C for 7 min. For  $\beta$ -actin, the forward primer was 5'-GAGCTACGAGCTGCCTGACG-3', and the reverse primer was 5'-CCTAGAAGCATTTGCGGTGG-3' (product size: 416 bp). The PCR was carried out with an initial denaturation at 94 °C for 5 min, followed by 34 cycles of 94 °C for 30 s, 60 °C for 30 s, then 72 °C for 30 s, and a final extension at 72 °C for 7 min. The amplified PCR products were separated by electrophoresis on a 2% agarose gel and quantified according to the relative intensities of the bands compared to those of  $\beta$ -actin using the Smart View Bio-Electrophoresis Image Analysis System (Furi, Shanghai, China).

#### Statistical analysis

Results are expressed as mean $\pm$ SD. The Student's *t*-test was used to compare quantitative data populations with normal distributions and equal variances. A value of *P*<0.05 was considered statistically significant.

#### Results

#### Triptolide suppressed the growth of U266 cells in vitro

The cytotoxicity of triptolide to U266 cells was calculated from the loss of cell viability using the MTT assay. U266 cells were treated with various concentrations of triptolide for 0, 24, 48, and 72 h. This treatment resulted in a significant decrease in the cell viability of U266 cells in a concentration- and time-dependent manner (Figure 1). The  $IC_{50}$  value for the 24-h treatment was  $157.19\pm0.38$  nmol/L. The  $IC_{50}$  values decreased gradually as the exposure time increased.

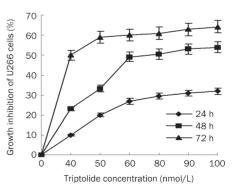


Figure 1. Dose- and time-dependent growth inhibition of U266 cells by triptolide. Data represent means±SD of three independent experiments.

#### Triptolide induced apoptosis in U266 cells

Hoechst 33258 staining was used to investigate the change in the cell nuclei (Figure 2). Apoptotic bodies containing nuclear fragments were found in the triptolide-treated cells; in these

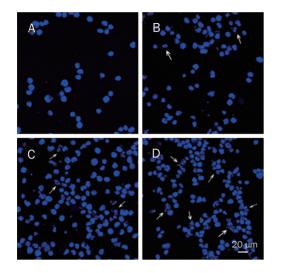


Figure 2. Triptolide-induced morphological changes of U266 cells stained with Hoechst 33258 ×400. (A) Untreated U266 cells. (B) Cells treated with 40 nmol/L triptolide for 24 h. (C) Cells treated with 80 nmol/L triptolide for 24 h. (D) Cells treated with 160 nmol/L triptolide for 24 h.

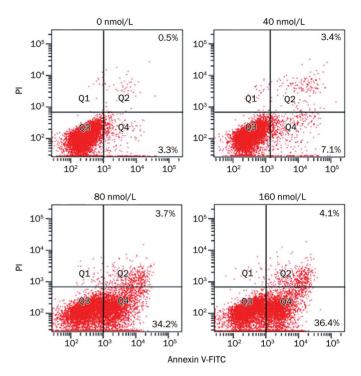
cells, the chromatin became condensed and marginalized, the nuclear envelope appeared lytic and the cytoplasm was shrunken (Figure 2B). None of these features appeared in the untreated cells (Figure 2A). When treated with 80 and 160 nmol/L triptolide for 24 h, more apoptotic cells and cellular fragments could be seen (Figures 2C and 2D).

To determine if the triptolide-induced apoptosis was a concentration-dependent process, U266 cells were incubated with 0, 40, 80 and 160 nmol/L triptolide for 24 h and analyzed by annexin V-FITC/PI staining and flow cytometry. The 40, 80, and 160 nmol/L triptolide treatments resulted in apoptosis rates of 10.5%±1.23%, 37.9%±2.45%, and 40.5%±2.30%, respectively, all of which were statistically different from the control (3.8%±1.98%, Figure 3).

The concentration-dependent apoptosis induced by triptolide was further analyzed by examining the caspase-3 activity of U266 cells by RT-PCR. When treated with triptolide (40, 80, and 160 nmol/L) for 24 h, the mRNA expression of caspase-3 increased accordingly in a concentration-dependent manner, indicating that the caspase-3 activity was upregulated by triptolide in U266 cells (Figure 4). Thus, caspase-induced apoptosis is the potential mechanism of triptolide-induced cell death.

#### Location and expression of H3K9me1 in U266 cells with confocal microscopy

A confocal microscope was used to visualize the subcellular location and expression of H3K9me1. H3K9me1 appeared with low fluorescence intensity in the nucleus, with the mean fluorescence density being  $39.17\pm6.14$ . The mean fluorescence density rose to  $75.40\pm3.83$  (P<0.05) when U266 cells were cultured with 40 nmol/L triptolide for 24 h (Figure 5). Thus, triptolide increased the expression level of H3K9me1, although it still localized to the nucleus.



**Figure 3.** Striking triptolide-induced apoptotic death of U266 cells. Cells were treated with 0, 40, 80, and 160 nmol/L triptolide for 24 h. The induction of apoptosis was determined by Annexin V-FITC/PI double staining assay, and the degree of apoptotic cell death was quantified. Data represent the mean±SD of at least three independent experiments.

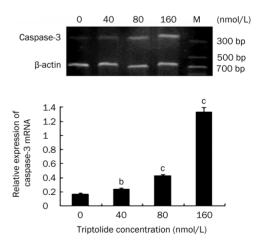


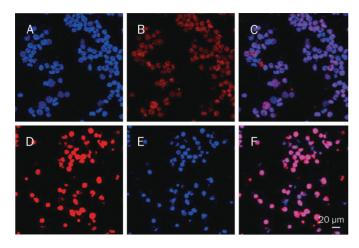
Figure 4. The mRNA expression of caspase-3 in U266 cells when treated by triptolide at different concentrations for 24 h. Data represent the mean±SD of at least three independent experiments. <sup>b</sup>P<0.05, <sup>c</sup>P<0.01.

# Triptolide increased the protein expression of RIZ1 and H3K9me1 in U266 cells

To investigate the protein expression of H3K9me1 and RIZ1 in U266 cells, Western blots were performed in at least three independent experiments. A comparison of RIZ1 protein expression in PBMC from healthy donors to that in U266 cells revealed that the levels of RIZ1 protein were dramati-

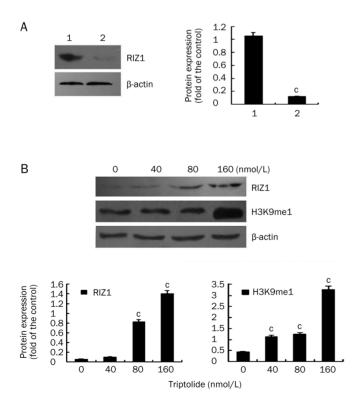
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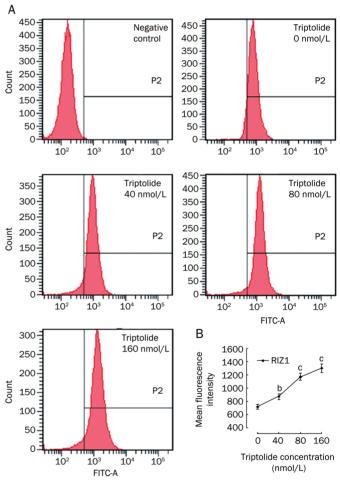
**Figure 5.** The effect of triptolide on the subcellular localization and expression of H3K9me1 in U266 cells ×400. (A) Control, DNA stained with Hoechst 33258. (B) Control, H3K9me1 stained with TRITC. (C) Merged images from A and B. (D) Cells treated by triptolide, DNA stained with Hoechst 33258. (E) Cells treated by triptolide, H3K9me1 stained with TRITC. (F) Merged images from D and E.

cally decreased in the U266 cells (Figure 6A). In the U266 cells, treatment with triptolide at different concentrations for 48 h led to a significant increase in RIZ1 protein expression.



**Figure 6.** Protein expression of RIZ1 and H3K9me1, as detected by Western blotting. (A) Comparison of PBMC from healthy donors and U266 cells. Lane 1, protein expression of RIZ1 from PBMC; lane 2, protein expression from U266 cells. (B) Protein expression of RIZ1 and H3K9me1 in U266 cells after a 48-h treatment with triptolide at different concentrations.  $^{\circ}P$ <0.01.

Although the elevation was not significantly increased by the 40 nmol/L triptolide treatment, it was significantly increased by the 80 and 160 nmol/L treatments (*P*<0.01, Figure 6B). Accordingly, the protein expression of H3K9me1 was upregulated dramatically in a concentration-dependent manner when U266 cells were treated with 40, 80, and 160 nmol/L triptolide (Figure 6B). The levels of RIZ1 in U266 cells were also analyzed by flow cytometry (Figure 7). In line with the Western blotting results, a 48-h treatment with triptolide resulted in a significant increase in the MFI of fluorochrome-labeled U266 cells, which represented the level of RIZ1 protein expression, in a concentration-dependent manner.



**Figure 7.** Examination of RIZ1 expression by flow cytometry. Mean fluorescence intensity was assessed over 48 h by FACS. (A) Cells treated with triptolide concentrations of 0, 40, 80, and 160 nmol/L and their respective protein expression levels of RIZ1. (B) Histogram showing the MFI of FITC-labeled U266 cells. The figures are representative of at least three separate experiments.  ${}^{b}P$ <0.05,  ${}^{c}P$ <0.01.

## Triptolide increased the mRNA expression of RIZ1 in U266 cells

To determine if the increased RIZ1 protein levels were due to transcriptional regulation of the *RIZ1* gene by triptolide, total RNA was extracted from triptolide-treated U266 cells and

subjected to RT-PCR to detect the levels of *RIZ1* mRNA. In accordance with the protein expression, the mRNA expression of *riz1* was elevated dramatically after triptolide treatments of 40, 80, and 160 nmol/L for 24 h (Figure 8). These results suggest that triptolide increases the expression of RIZ1 at both the transcriptional and the translational level in a concentration-dependent manner.

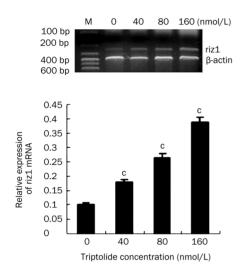


Figure 8. The mRNA expression of RIZ1 in U266 cells when treated by triptolide at different concentrations for 24 h. Data represent the mean $\pm$ SD of at least three independent experiments.  $^{\circ}P$ <0.01.

#### Discussion

Multiple studies have suggested that triptolide possesses potent anti-tumor activity in hematologic malignancies, though the effects and mechanisms behind this activity are still not very clear. Multiple myeloma (MM) is a clonal B-cell neoplasm that accounts for 10% of all malignant hematologic neoplasms and that affects terminally differentiated B cells (eg, plasma cells). Recent studies have suggested that triptolide enhances PS-341-induced apoptosis via the PI3k/Akt/NF-κB pathways in human multiple myeloma cells<sup>[10]</sup>. In the present study, triptolide caused a striking concentration- and timedependent growth inhibition of U266 cells. A 24-h exposure resulted in an IC<sub>50</sub> of 157.19±0.38 nmol/L. Triptolide also exerted apoptosis-inducing activity. Triptolide treatment of U266 cells resulted in morphological changes typical of apoptosis; these changes included condensed and marginalized chromatin, lysis of the nuclear envelope and a shrunken cytoplasm. Flow cytometry demonstrated that triptolide could induce apoptosis in a concentration-dependent manner. As the triptolide concentration increased, the rate of apoptosis increased correspondingly. Triptolide has also been shown to induce apoptosis in other tumors, such as gastrointestinal malignancies and glioblastoma<sup>[17, 18]</sup>. The anti-tumor mechanism of triptolide might be associated with the enhanced activity of p21waf1/cip1<sup>[19]</sup>, the activation of caspases 8, 9, and 3<sup>[20]</sup>, degradation of the DNA repair enzyme PARP<sup>[21]</sup>, inhibition of the nuclear factor  $\kappa B$  (NF $\kappa B$ ) and upregulation of the nuclear factor  $\kappa B$  inhibiting protein (I $\kappa B\alpha$ )<sup>[22]</sup>. Further research has indicated that apoptosis induced by triptolide in U266 cells is caspase 3 dependent, as caspase 3 mRNA levels increased subsequent to an increased concentration of triptolide. This observation suggests that the mechanism by which triptolide causes apoptosis in U266 cells is an increase in caspase 3 levels.

The RIZ1 protein contains a conserved positive regulatory (PR) domain that methylates histone H3K9 and is important for transcriptional repression. The intact PR domain is required for the tumor suppression function of RIZ1. Adenovirus-mediated RIZ1 expression causes G2-M cell cycle arrest and apoptosis in breast cancer, liver cancer, and colon cancer cells<sup>[23]</sup>. RIZ1<sup>-/-</sup> mice have a high incidence of diffuse large B-cell lymphoma and a broad spectrum of unusual tumors such as stomach squamous cell carcinoma, stomach polyp, fibrosarcoma, lung adenocarcinoma, pituitary tumor, lipoma, and hemangiosarcoma<sup>[24]</sup>. In CML patient samples, RIZ1 expression was decreased during the progression from the chronic phase to blast crisis. The induced expression of RIZ1 in CML blast crisis cell lines decreased proliferation, increased apoptosis, and enhanced differentiation<sup>[25]</sup>. The H3K9 methylation activity of RIZ1 may play a role in the epigenetic control of gene silencing. The decline in RIZ1 levels in tumor cells may be connected both with gene and histone hypermethylation. One of the potential carcinogenic molecular pathways has been suggested to involve the following steps, which then lead to the development of the cancer: 1) the inhibition and downregulation of RIZ1 in most cells of the target tissue; 2) the upregulation of pro-survival and pro-growth oncogenes such as c-Jun in most cells of the target tissue; 3) the stochastic accumulation of genetic and epigenetic changes in a single cell; 4) the clonal proliferation of that single cell; and 5) the differentiation of that cell into a tumor cell<sup>[26]</sup>.

Herein, the expression of RIZ1 in the multiple myeloma cell line U266 decreased significantly compared to that in healthy donors, a result seen in many other tumors. Triptolide treatment of U266 cells resulted in a striking elevation in the expression of RIZ1 at both the protein and the mRNA levels in a concentration- and time-dependent manner, suggesting that triptolide increases the expression of RIZ1 in U266 cells. Further study on histone H3K9 monomethylation (H3K9me1) elucidated that the expression of H3K9me1 was upregulated in a concentration-dependent manner when the cells were treated with triptolide. Western blotting showed that the protein expression of H3K9me1 increased correspondingly with increasing concentrations of triptolide. Confocal microscopy indicated that H3K9me1 localized to the nucleus, and concordantly with increasing triptolide concentrations, the expression of H3K9me1 also increased. RIZ1 has methyltransferase activity towards histone H3K9<sup>[27]</sup>, an activity known to be linked with transcriptional repression, and recent progress in understanding the effects of chromatin methylation on gene transcription suggests that silenced genes are associated with histone H3K9 methylation through transcriptional repression.

Derepression and removal of histone H3K9 methylation can lead to a transcription-competent chromatin state. The methylation of H3K9 may also preclude activation-associated histone modifications, such as acetylation<sup>[28]</sup>, and disruption of the DNA binding of H3K9 methyltransferases: these modifications may be necessary for the derepression of silenced genes<sup>[13]</sup>. Recruitment of RIZ1 is an important step in the repression of gene transcription through its ability to upregulate histone H3K9, and hematological malignancies such as multiple myeloma might be caused by a perturbation of this process. By increasing the expression of histone H3K9me1 through RIZ1 upregulation, triptolide may repress gene transcription, a potential mechanism against myeloma.

In summary, triptolide exerted proliferation-inhibitory and caspase-dependent apoptosis-inducing potencies in U266 cells *in vitro*. This study provided the evidence that the low expression levels of RIZ1 in the multiple myeloma cell line U266, which may be one of the steps triggering the development of cancer, could be reversed by treatment with triptolide and that the triptolide-induced increase in the expression of RIZ1 elevates the levels of histone H3K9me1. Therefore, the antimyeloma mechanism of triptolide may involve these downstream events.

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#### **Author contribution**

Yan CHEN and Chun ZHANG designed the research; Fei ZHAO, Rui LI, Ling-lan ZENG, and Yuan LIU performed the research; Lu WEN and Rong ZENG analyzed the data; Fei ZHAO wrote the paper.

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